



## Attach Care Information Sheet

please read this document before attending your first session. This document will need to be **signed by both parents** before proceeding

- ❖ Attach Care session's could include a combination of individual sessions with parents and co-joint sessions depending on the parenting and child needs
- ❖ Fees will start from \$180 and be negotiated as required. Cost includes initial consultation with parent(s), session with child(ren) and post session feedback for parent(s). Payment is by cash or EFT only.
- ❖ Sessions times are usually somewhere between 45-60 minutes.
- ❖ The rights and protection of children is paramount throughout Attach Care programs. The parent(s) authorise the therapist to discontinue sessions, recommend additional sessions or to minimise the feedback to ensure the protection of children.
- ❖ Parent(s) will agree that all feedback from children is used as an opportunity to build a stronger parenting alliance and/or relationship with their child(ren). Feedback is never to be used to undermine, abuse, manipulate or control either the other parent or child(ren)
- ❖ A cancellations fee to cover administration and room hire of \$80 will be incurred for cancellations within 24 hours.
- ❖ I keep notes on sessions that are not identified and that are stored securely. By agreement, notes from any Attach Care Session will not to be used as evidence in any court of law
- ❖ I am a clinical member of and abide by the Code of Ethics of PACFA, a copy of which is available to you upon request
- ❖ The sessions are completely confidential except under three circumstances:
  1. From time to time I will discuss my work with a clinical supervisor. This is a standard practice and helps me to work as well as I can with you. My supervisor is bound by the same code of ethics and confidentiality as I am.

2. If I you are at serious risk of harming yourself or others. I would only do this in circumstances that appear imminent and usually after consultation with you.
3. I am a mandatory reporter under NSW child protection law and this means that in a case where a child is at risk, I am required to make a report to the relevant authorities.

❖ When deemed necessary, the therapist may make a recommendation for either parent(s) or children to continue with additional sessions (individual, couples or parent mentoring). These sessions will fall under the specific guidelines for those services, and will no longer form part of the Attach Care program

**Parent Signature**.....

**Parent Signature**.....