



Parent Mentor Information Sheet

please read this document before attending your first session and anytime after, as needed.

- ❖ Parent sessions could include a combination of individual sessions and co-joint sessions depending on the parenting needs
- ❖ Fees will be for \$110 for individual sessions and \$160 for any co-joint or couples session. Payment is by cash or EFT only.
- ❖ Sessions times are usually somewhere between 60-90 minutes.
- ❖ A small cancellations fee to cover administration and room hire of \$40 will be incurred for cancellations within 24 hours.
- ❖ I keep notes on sessions that are not identified and that are stored securely. By agreement, notes from any Parenting Session will not be used as evidence in any court of law
- ❖ I am a clinical member and abide by the Code of Ethics of PACFA, a copy of which is available to you upon request
- ❖ The sessions are completely confidential except under three circumstances:
 1. From time to time I will discuss my work with a clinical supervisor. This is a standard practice and helps me to work as well as I can with you. My supervisor is bound by the same code of ethics and confidentiality as I am.
 2. If you are at serious risk of harming yourself or others. I would only do this in circumstances that appear imminent and usually after consultation with you.
 3. I am a mandatory reporter under NSW child protection law and this means that in a case where a child is at risk, I am required to make a report to the relevant authorities.
- ❖ On very rare occasions and as part of my professional development I may seek an opportunity to record a video of our session. This would only occur with family members expressed consent.

- ❖ Where our work continues beyond eight sessions, I recommend where possible to have at least two weeks notice of ending, allowing a proper conclusion