



## Attach Care Information Sheet

please read this document before attending your first session and anytime after, as needed.

- ❖ **Attach Care sessions could include a combination of individual sessions and co-joint sessions depending on the needs of the parents and children.**
- ❖ **Fees commence at a minimum of \$200 and include:**
  - Initial consultation with parent(s),
  - Session with child(ren) and
  - Post session feedback for parent(s).
- ❖ **Fees are Payable by card, cash or EFT**
- ❖ **Sessions times are usually somewhere between 45-90 minutes.**
- ❖ **A cancellations fee to cover administration and room hire will be incurred for cancellations as follows:**
  - within 24 hours: \$60
  - within 12 hours: \$100
  - within 4 hours: \$160
- ❖ **The rights and protection of children is paramount throughout Attach Care programs. The parent(s) agree that the therapist can discontinue sessions, recommend additional sessions or minimise the feedback to parents to ensure the protection of children.**
- ❖ **Parent(s) will agree that all feedback from children is used as an opportunity to build a stronger parenting alliance and/or relationship with their child(ren). Feedback is never to be used to undermine, abuse, manipulate or control either the other parent or child(ren)**
- ❖ **I keep notes on sessions that are not identified and that are stored securely. By agreement, notes from any Attach Care Session will not to be used as evidence in any court of law**

- ❖ I am a clinical member of PACFA, a peak regulatory body for psychotherapists and counsellors. I abide by the Code of Ethics of PACFA, a copy of which is available to you upon request
- ❖ The sessions are completely confidential except under three circumstances:
  1. From time to time I will discuss my work with a clinical supervisor. This is a standard practice and helps me to work as well as I can with you. My supervisor is bound by the same code of ethics and confidentiality as I am.
  2. If I believe you are at serious risk of harming yourself or others. I would only do this in circumstances that appear imminent and usually after consultation with you.
  3. I am a mandatory reporter under NSW child protection law and this means that in a case where a child is at risk, I am required to make a report to the relevant authorities.
- ❖ If you are working with another therapist or health professional, I may seek your permission to consult with this person(s) in an effort to ensure best service and care provisions.
- ❖ Parent Mentoring services are not recommended for parents who are, or have experienced domestic violence. In this situation I will recommend individual therapy and as appropriate refer you to specialised domestic violence services.
- ❖ When deemed necessary, the therapist may make a recommendation for either parent(s) or children to continue with additional sessions (individual, couples or parent mentoring). These sessions will fall under the specific guidelines for those services, and will no longer form part of the Attach Care program